

# More Together Than Alone

## Week Three: *Centers of Light*

### Unity Questions

“A choir is made up of many voices, including yours and mine. If one by one all go silent then all that will be left are the soloists. Don’t let a loud few determine the nature of the sound. It makes for poor harmony and diminishes the song.” — Vera Nazarian

From the book, *More Together Than Alone*, read from pages 136 – 137. Begin with “As whales are born...” and read to the first sentence (continuation) on page 137.

- A. Describe your “instinct for the deep”.
- B. When we are attuned and following this instinct, how does it help us discover our “common song, which brings us alive”?
- C. How do you actively work and live for the common good?
- D. Discuss *what and why* you share with others, and the ways you withhold from sharing.

### From the book, “More Together Than Alone” *Questions to Live With* – Pages 51 - 102

1. We are capable of great creativity and great cruelty. Each of us can build libraries and each of us can burn books. Bring four or five friends together. In conversation, have each of you describe a time when you built something and a time when you broke something. What led you to be creative and what led you to be destructive?
2. The notion of “the commons” refers to land which no one owns but which everyone benefits from and cares for. The commons can also refer to common resources, common stories, common truth, or a common tradition or wisdom. In conversation, have each of you tell the story of a form of “commons” that you benefit from and how you might contribute to its care.
3. In the spirit of Iroquois dream-walkers, have each of you share a dream. After discussing how each dream speaks to the dreamer’s life, explore the dreams together for how they may speak to the dream and needs of your larger community. In the next three weeks, take a step in your community toward implementing one aspect of what your dreams point to.
4. In conversation, have each of you tell the story of someone who has been a mentor to you. What did they teach you? Are you passing this learning on? How?