

More Together Than Alone

Week Seven: *Who Have We Come Here To Be?*

“If we have no peace it’s because we’ve forgotten that we belong to each other.” – Mother Theresa

“A house divided against itself cannot stand.” – Mark 3:15

1. Try to hear this question coming softly and lovingly from your soul... a radiant, warm whisper.

“What on Earth are you doing?”

Have each of you softly, compassionately state this question aloud, one after the other – pausing briefly between each person’s repeat of the question. Sit for a moment after the last and notice what’s going on inside of you. Share after a moment of quiet.

1a. Are you aware of anything your soul is calling you to do? Please share.

2. “This world is what we have made of it. If it is ruthless today it is because we have made it ruthless by our attitudes. If we change ourselves we can change the world...if we change our selves... we must be willing to continually examine and change our thinking.” – Dr. Arun Ghandi

How can you use this question, *“What will I think of next?”* as a daily prompt and reminder of the awesome gift and responsibility we have in the *power of our thinking?*

3. *“Everyone has a purpose in life... a unique gift or special talent to give others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our own spirit, which is the ultimate goal of all goals.* – Deepak Chopra

Complete this exercise in the boxes below.

In the “Person” row, list the name of every person in your circle. (More space on the back.)

Next, below each person’s name, write ONE quality/gift/talent you see & appreciate in them.

Person 1	Person 2	Person 3	Person 4	Person 5	Person 6	Person 7
Quality						

Person 8	Person 9	Person 10	Person 11	Person 12	Person 13	Person 14
Quality						

Next, after everyone has written one gift/talent/skill they see in each other person there, go in rounds by sharing the qualities you see for each person. “(Name) IN YOU I SEE and APPRECIATE _____.”

*For example, have everyone share the one thing they wrote about Person 1, such as Tom” – “Tom, **in you I see and appreciate** “flexibility, humor, compassion, humility...etc” ... then everyone share what they wrote about Person 2, “Jane” - to Jane... **in you I see and appreciate**.... so each individual hears their gifts reflected to them by everyone else in the group. Go slowly and take it in.*

After this is complete for everyone, notice ***How did it make you feel to hear this reflected to you – about you - from others?***

Share your experience.

4. "Everyone is on a spiritual path; most people just don't know it.... We're all assigned a piece of the garden, a corner of the universe that is ours to transform. Our corner of the universe is our own life - our relationships, our homes, our work, our current circumstances - exactly as they are. Every situation we find ourselves in is an opportunity, perfectly planned by the Holy Spirit, to teach love instead of fear." – Marianne Williamson

What is one thing you've discovered during this study series *and* how will you use it to help transform *your corner of the universe?*

Thank you for being MORE TOGETHER THAN ALONE!