

COMMUNITY SUPERVISED PRACTICE OVERVIEW

Preceptor Qualifications: Must be an RD/RDN or professional employed in area of community nutrition expertise.

Logged Hours: 320 hours

Description of Experience: During the community rotations, students practice the Nutrition Care Process with various populations and of diverse cultures including infants, children, adolescents, adults, pregnant/lactating females and the elderly. Students will also experience community nutrition in the public policy and program planning and evaluation arenas.

Professional Library / Resources and Recommended Readings:

Academy of Nutrition and Dietetics. (2015). *Public Health / Community Nutrition: Nutrition Care Process*

Toolkit, free download from www.eatrightpro.com

Boyle, M. A., & Holben, D. H. (2017). *Community Nutrition in Action: An Entrepreneurial Approach*, 7th

Ed. Pacific Grove, CA: Brooks Cole.

Nnakwe, N.E. (2013). *Community Nutrition: Planning Health Promotion and Disease Prevention*.

Sudbury, MA: Jones & Bartlett.

ASSIGNMENTS FOR COMMUNITY ROTATION

There are eight assignments that are to be done during the community rotation. All must be done at least once, but some may be completed several times depending on where you are doing supervised practice (e.g. client education material, outpatient nutrition counseling, group teaching and curriculum development).

1. Community outreach
2. Outpatient nutrition counseling
3. Community needs assessment
4. Client education material
5. Participate in a community organization
6. Participate in a professional organization
7. Classroom observation
8. Group teaching and curriculum development

GENERAL DESCRIPTIONS, GOALS AND SUGGESTED ASSIGNMENTS FOR POSSIBLE COMMUNITY ROTATION AREAS

The list below is an example of possible rotation sites you may want to choose. There may be others in your community. Your completed rotation schedule must be approved by both your primary preceptor and the KADDI director. You must have an affiliation agreement with each site where you will spend one or more weeks or where you will complete assignments for competencies. If you go to a site (e.g. a health fair, television station, cooking class, etc.) for a day or two, you do not need a separate affiliation agreement. These activities will fall under the direct supervision of your primary preceptor who will approve your time log for that period.

Public or Private School (grades K-12): Increase knowledge and skills related to education of children and adolescents regarding healthy eating and cooking skills. Promote continued development of competence in community nutrition education settings.

Applicable assignments:

- Community outreach
- Community needs assessment
- Group observation
- Group teaching and curriculum development

Children's Hospital Overweight/Obesity Clinic: Increase knowledge and skills related to education of pediatric clients regarding healthy eating and cooking skills. Promote continued development of competence in community nutrition education settings. Participate in a team approach to patient care.

Applicable assignments:

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material
- Group observation
- Group teaching and curriculum development

Veteran's Administration Motivating Overweight Veterans Everywhere (MOVE) Clinic: Increase knowledge and skills related to education of veterans regarding healthy eating and physical activity. Promote continued development of competency in community nutrition education settings. Participate in a team approach to client care.

Applicable assignments:

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material

State Department of Health WIC (or WIC Contract Agency): Increase knowledge of and enhance skills in meeting the nutritional care needs of women, infants, and children. Promote continued development of competence in nutrition care delivery in clinic setting. Participate in a team approach to patient care.

Applicable assignments:

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material
- Group observation
- Group teaching and curriculum development

Community Action Program (Head Start): Increase knowledge of and enhance skills in meeting the nutritional care needs of preschool age children. Promote continued development of competence in community nutrition education settings. Participate in a team approach to patient care.

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling

- Client education material
- Group observation
- Group teaching and curriculum development

Community Education Settings (e.g., community centers, schools, grocery stores, community kitchens, community gardens, and support group meetings): Increase knowledge and skills related to education of persons from various populations and diverse backgrounds regarding healthy eating, grocery shopping, gardening and cooking skills. Promote continued development of competence in community nutrition education settings. Participate in a team approach to patient care.

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material
- Group observation
- Group teaching and curriculum development

Counseling: Increase knowledge of and enhance skills in meeting the nutritional care needs of persons from various populations and diverse backgrounds. Promote continued development of competence in nutrition care and education in a clinic setting. Participate in a team approach to patient care.

- Outpatient nutrition counseling
- Client education material

Senior Citizen's Centers, Meals on Wheels: Increase knowledge of and enhance skills in meeting the nutritional care needs of elderly persons. Promote continued development of competence in community nutrition education settings. Participate in a team approach to patient care.

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material
- Group observation
- Group teaching and curriculum development

Wellness Clinics / Fitness Centers (e.g. YMCA, Athletic Club): Increase knowledge of and enhance skills in meeting the nutritional care needs of clients of various populations and diverse backgrounds. Increase skill in nutrition focused physical assessment techniques. Promote continued development of competence in nutrition care delivery in outpatient setting. Participate in a team approach to patient care.

- Community outreach
- Community needs assessment
- Outpatient nutrition counseling
- Client education material
- Group observation
- Group teaching and curriculum development