

## MEDICAL NUTRITION THERAPY SUPERVISED PRACTICE OVERVIEW

**Preceptor Qualifications:** Must be an RD/RDN who delivers medical nutrition therapy.

**Logged Hours:** 320 hours

**Description of Experience:** During MNT rotation, students practice the Nutrition Care Process and implement medical nutrition therapy for a wide variety of diagnoses including but not limited to obesity, diabetes, cancer, hypertension, cardiovascular, intestinal and kidney diseases. Interns may choose one or two places for this clinical rotation.

### Professional Library / Resources and Recommended Readings:

- Nelms M and Sucher KP. Nutrition Therapy and Pathophysiology, 3<sup>rd</sup> Ed. Boston, MA. Cengage; 2015.
- Mahan LK and Raymond JL. Krause's Food & the Nutrition Care Process, 14<sup>th</sup> Ed. Philadelphia, PA. Saunders; 2016.
- Academy of Nutrition and Dietetics. Electronic Nutrition Care Process Terminology. eNCPT Ed. 2015 available at <https://ncpt.webauthor.com>
- Academy of Nutrition and Dietetics. Evidence Analysis Library. Available at [www.andeal.org](http://www.andeal.org)
- American Dietetic Association. Nutrition Care Manual®. <http://www.nutritioncaremanual.org>.

### GENERAL DESCRIPTIONS, GOALS AND SUGGESTED ASSIGNMENTS FOR POSSIBLE CLINICAL ROTATION AREAS

KADDI recommends only one site; however, you are allowed to choose up to two sites. These may include hospitals, long-term acute care hospitals, extended care hospitals, rehabilitation facilities, and skilled nursing facilities. Outpatient and dialysis clinics may be appropriate for part of the experience. Your completed rotation schedule must be approved by the KADDI director and the program must have or obtain an affiliation agreement with each site. You must be able to complete all of the assignments at these facilities. Your clinical rotation should cover patients with the following types of diagnoses. Examples are given.

- surgery (orthopedic, gastrointestinal, other);
- medical diagnoses to include
  - diabetes: type I and II
  - renal: pyelonephritis, acute kidney injury, chronic kidney disease (outpatient dialysis in community rotation)
  - cardiovascular diseases: heart failure, heart attack (myocardial infarction) and stroke
  - gastrointestinal disorders
  - respiratory disorders: COPD, pneumonia, asthma exacerbation
  - sepsis
  - obesity : outpatient bariatric centers in community rotation

## Keith & Associates Distance Dietetic Internship

### **ASSIGNMENTS FOR MNT ROTATION**

There are seven assignments that are to be done during the clinical rotation. All must be done at least once, but some may be completed several times depending on where you are doing supervised practice (e.g. client education material, outpatient nutrition counseling, group teaching and curriculum development).

- Patient Interview and Nutrition-Focused Assessment
- Clinical Skills 1 (week 3)
- Clinical Skills 2 (week 6)
- Clinical Case Study Report
- Clinical Oral Case Presentation
- Federal, State and Facility Regulations
- Clinical Staff Relief (week 8)